

MINNESOTA 4-H CLOVER UPDATE

Northwest Region / Polk County

September, 2015



2015 SEPTEMBER						
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30			

In This Issue:

Calendar.....	1
A Note from Kristie.....	2
Federation Meeting.....	2
State Fair Results.....	2
Pick up State Fair Exhibits.....	2
Scholarship from Sandhill Lake 4-H Camp.....	2
Updates from the State.....	3



Calendar of Events

Looking Ahead

- September 11-13th / 4H Shooting Sports / Alexandria
- September 18-21st / 4H State Horse Show
- September 19-20th / NE Livestock Show
- September 26-27th / 4H State Dog Show
- November 30th / Club Charters due into the Polk County Extension Office

CONTACT US

Polk County
P.O. Box 69 – Municipal Bldg.
McIntosh MN 56556

218-563-2465
1-800-450-2465
Fax: 218-563-4750

Kristi Johnson
4-H Coordinator
Email: joh04412@umn.edu

DonnaRae Carlson
Support Specialist
Email: carl2486@umn.edu

Website:
www.extension.umn.edu/county/polk

Crookston Regional Office
510 County Road 71 – Suite 119
Crookston MN 56716
218-281-8027
1-888-241-0781

Margo Bowerman
Extension Educator Youth Development
Email: mbowerma@umn.edu

Marlene LeBlanc
Administrative Assistant
Email: mleblanc@umn.edu

National 4-H Week
October 4-10, 2015



MINNESOTA 4-H CLOVER UPDATE

Polk County/September, 2015

218-563-2465 or 1-800-450-2465 | www.extension.umn.edu/county/polk

PAGE 2

From Kristie

Federation Meeting

Monday, September 21st
UMC Crookston (Room to be determined)
6:30 pm.

We will be voting on the Constitution/By Laws at this meeting so it is very important that we have representatives from each club present. If no one from your club is able to attend please contact me ASAP. The proposed Constitution can be found under the "downloads" section of the website at <http://www3.extension.umn.edu/county/polk/4-h/downloads/page/1>

State Fair Results

Livestock Encampment:

Dairy-5th place overall Herdsmanship, Division 2
Hannah Rolf -purple
Austin Kindem-blue
Paige Gunderson-red

General Project Encampment

Lukas Andringa -Photography, Blue
Faith Balstad -Self Determined, Blue
Lance Balstad-Self Determined, Red
Bailey Bradford-Performing Arts, Blue
Karlle Brekken -Needle Arts, Blue
Elliot Chapman-Clothes you Make, Blue
Alyssa Eiswnaxhink-Foods and Nutrition, Blue
Brita Fagerlund-Fine Arts, Blue
Linnea French -Performing Arts, Blue
Annika Grove -Foods and Nutrition, Red
Anna Huck-Bicycle, Blue
Jacob Larson -Shop, Red
Brylee Lessard-Non Garment Clothing, Blue
Jordan Lessard -Self Determined, Blue
Eliza Meyer -Global Connections, Blue
McKinsey Rosendahl -Home Environment, Blue
Grace Rue-Photography, Red
Carlie Sander -Photography, Red
Alyssa Schwede-Vegetable Gardening, Purple

Gretchen Theis -Veterinary Science, Blue
Jared Theis -Electric, Red
Cole Vatnsdal -Small Grain and Legume, Blue
Courtney Vatnsdal -Foods and Nutrition, Red
Willing Workers, Club banner, Red

Congratulations to ALL State Fair exhibitors on all of your hard work! You all did a wonderful job.

State Fair projects will be returning Wednesday Sept 9th, sometime in the afternoon. All projects will be brought to my office in McIntosh. From there I will connect with club leaders so they can return projects or make arrangements with you. Please check in with your club leader sometime next week, or me if you would like to pick up projects at the Extension Office in McIntosh. They will not be available until Thursday Sept 10th at the earliest. Please make arrangements in a timely fashion to get your projects back! Thank you!

Reminder: If you attended SandHill Lake 4-H Camp you are eligible for a \$50 scholarship from the Polk County 4-H Federation. Please talk to your club leader for details on what you will need to do in order to receive the scholarship.

Message from Dorothy



Dear 4-H families and Volunteers:

Due to the Minnesota Board of Animal Health's ban on live birds at public events to help limit the spread of avian flu, 4-H had to adjust its 4-H Poultry Project events and activities at county and state fairs this summer. Our state poultry committee leapt into action, got creative and came up with plans that made it possible for our 4-H Poultry Project youth to participate in fairs this summer and share their learning.

One adjustment was to use photos of poultry or plush stuffed birds for showmanship judging, so youth would have something in place of their live birds to help facilitate their conversations

MINNESOTA 4-H CLOVER UPDATE

Polk County/September, 2015

218-563-2465 or 1-800-450-2465 | www.extension.umn.edu/county/polk

PAGE 3

with judges. We also gave youth an option to create and bring a poultry exhibit in the areas of biosecurity, animal health, nutrition, production, and careers, which gave them an opportunity to dig deeper and learn more about a specific topic related to the poultry industry. Some county fairs also offered a chicken bbq contest, carcass judging and other poultry-related learning events. And at the Minnesota State Fair, we held a *Science of Poultry* ½ day learning event, where 4-H poultry youth could hear from a panel of experts from Jennie-O, Cargill, Rembrandt Enterprises, Minnesota Turkey, Midwest Poultry Federation, Minnesota Chicken and Egg, and Extension; work in roundtables with the experts learning about an issue; and apply their new knowledge by creating a poster on the topic and presenting it to the group.

Though some of our 4-H'ers were disappointed they could not bring the birds they spent months raising and caring for to fairs, they rose to the occasion and had wonderful learning experiences as a result.

I'd like to congratulate all of our 4-H poultry youth, and poultry families and volunteers for all of your extra effort this summer, and making 4-H poultry experiences at the fair rich and rewarding!

Sincerely,

Dorothy M. Freeman
Associate dean and state 4-H director

Minnesota 4-H club chartering process

It is hard to believe it is time for clubs to renew their annual charter! The chartering documents are now up on the Minnesota 4-H website (www.4-H.umn.edu/leading-a-club/) and have a whole new face lift. The forms have been streamlined to make the process easier for clubs to complete.

New in 2015 is a club chartering training video that can also be found on the Minnesota 4-H website. This video is approximately 19 minutes in length and gives step by step directions on how to fill in each form, and the purpose of annual club chartering. Clubs/leaders can watch this video on their own, or the program coordinator can bring leaders together to watch the video as a group and answer questions.

Remember all club charters must be in the county Extension office on or before Nov. 30, 2105.

Online enrollment for 4-H families

Enrollment for the new 4-H year opens up on **Sept. 16** and Minnesota 4-H families are reminded and encouraged to visit mn.4HOnline.com to enroll/re-enroll both youth members and adult volunteers. The process is quick and easy; even families with multiple youth should be done in 10 minutes or less. Re-enrolling early ensures that critical communications will be received, especially as it relates to deadlines and project specific information. Detailed information about online enrollment and re-enrollment is available at www.4-H.umn.edu/4honline.

As part of enrolling or re-enrolling, youth, their parents and adult volunteers will all be agreeing to the Minnesota 4-H Code of Conduct, which is available for review in its entirety, along with other policy and authorization statements at www.4-H.umn.edu/policy or by contacting your local Extension office (www.extension.umn.edu/county/).

If you are not yet an adult volunteer but are willing to share your time and talents to make a difference, 4-H needs you! The first step to becoming an adult 4-H volunteer is to complete the volunteer application process. Learn more at www.4-H.umn.edu/volunteer/#application.

Celebrate Ag & Food Day

4-H families and alumni are invited to join a celebration of Minnesota agriculture and food at a special University of Minnesota Gopher football game on **Sept. 19**. Discounted tickets can be purchased at z.umn.edu/umafd2015. Join us before the game from 9 - 11a.m. for activities outside the stadium including a tailgate party featuring Minnesota brats and cheese. To RSVP or with questions, contact Erin Kelly-Collins at erinkc@umn.edu.

Safety of Minors Training: A big thank you!

On behalf of the University of Minnesota Extension Center for Youth Development, please accept our sincere gratitude for your timely completion of the University-sponsored "Safety of Minors" training and compliance with the policy. Getting 7,000 adult volunteers through training in two months is no small task, but we are proud to share that we accomplished this task due to the timeliness and commitment of our volunteers and the diligence of our staff. We greatly appreciate your service to Minnesota 4-H and dedication to ensuring that all Minnesota youth are engaged in safe, fun, and positive experiential learning.

2015 Fall Volunteer Training: All Together, Yet Not All the Same

We are excited to announce this year's topic for our annual fall volunteer training: cultural competency and inclusion. The training, titled "All Together, Yet Not All the Same," is designed to help prepare 4-H volunteers to build youths' global citizenship skills and give them the tools needed to ensure that 4-H is a program where youth from all backgrounds, cultures, beliefs and abilities feel welcome and safe. It is our responsibility to young people to prepare them

for global citizenship and to work constructively across areas of difference. As we strive in Minnesota 4-H Youth Development to make our programs relevant and accessible to all youth, we must consider areas where we might encounter different values, backgrounds, beliefs, abilities, and goals. By preparing adult volunteers who are essential to 4-H program delivery to be aware of and respectful of these differences, we will not only create an environment where all individuals feel safe and welcome, but also ensure that we model valuable 21st century global citizenship skills to youth that will prove critical now and in their future. Activities are designed to be hands-on and encourage active discussion. Participants will be given at least one activity to take back to their clubs as well as have access to the *WeConnect* curriculum from their county library of available curricula. All 4-H volunteers are encouraged to attend the annual training in their county. Activities are also appropriate for youth who are interested in this topic.

New online version of the Consumer Decision-Making Project

How do you decide which entrée to order? What shoes to buy? What vacation to plan? It's a tough job, but someone needs to make the decision! And pay the bills. The media, peer pressure, the need to fit in - all these factors play major roles in the decisions that youth make.

Minnesota 4-H is recruiting members interested in learning to make wise consumer decisions in a new online version of our Consumer Decision-Making Project. The online nature of this project means you can work review challenges, post your decisions and share with other youth from anywhere and at any time, through the convenience of your mobile device or home internet connection.

How does it work? Each week for up to 1 to 2 hours for a 12 week period, youth will learn about finances and consumerism, review a

scenario, and compare products to make informed decisions. Youth post their decision process and decisions while also reflecting on their values and giving feedback to their peers. Volunteer mentors respond to questions and provide feedback.

If you are interested in learning more about this online opportunity in becoming savvy consumers and building financial intelligence, contact Carrie Olson (320-589-1711, olson166@umn.edu) today.

Minnesota 4-H State Horse Show

Mark your calendar: The annual Minnesota 4-H Horse Show will be held **Sept. 18-21, 2015**. Watch the Minnesota 4-H horse website for more information at www.4-H.umn.edu/projects/animal-science/horse.

Minnesota 4-H Dog Show

Mark your calendar: The Minnesota 4-H Dog Show will be held **Sept. 26-27, 2015**. Watch the Minnesota 4-H dog website for more details at www.4-H.umn.edu/events/state-dog-show.html.

SS&W Ambassador Program seeking applications for new Ambassadors!

The Minnesota 4-H Shooting Sports & Wildlife Ambassador Program is a leadership opportunity for youth leaders, grades 9-13, to promote and enhance Minnesota 4-H shooting sports. Ambassadors positively represent the Minnesota 4-H Shooting Sports & Wildlife Program at state, regional, and local levels. Youth must be starting grade 9-13 in the fall and be able to attend the **Oct. 3-4** training in Perham.

Program information, application, and reference forms can be found at:

4-H.umn.edu/projects/shooting-sports/shooting-sports/

Fall 2015 Shooting Sports & Wildlife Leader Certification Training

The Minnesota 4-H Shooting Sports & Wildlife Program Development Committee invites you to attend a 4-H Shooting Sports & Wildlife Leader Certification! The committee recommends that leaders attend the entire certification weekend every five years. Now is your chance to attend!

The training is designed for adults and youth (grade nine and older) that lead or would like to lead training in shooting sports or wildlife. Classes will be offered in the disciplines of coordinator, archery, rifle/pistol, shotgun, muzzleloading, and wildlife. This training meets the 4-H project leaders' requirements for certification and recertification. Although there is range time allocated in the schedule, the majority of the training is classroom work to become an effective instructor, not to practice your own shooting skills.

The training will take place **Oct. 3-4, 2015** at the Perham Middle School and Fort Thunder Gun Club in Perham.

Registration materials are available at 4-H.umn.edu/events/shooting-sports-certification/. The deadline to register is September 18, 2015. Disciplines fill quickly, so make sure registration forms are sent in early!

4-H volunteer corner

Managing 4-H clubs: A guide for club leaders

October marks the beginning of a new 4-H year and a new volunteer opportunity for individuals who are moving into a club leadership position. 4-H volunteers who are taking on club leadership responsibilities have several important roles. A leader is a mentor, a motivator for young people,

MINNESOTA 4-H CLOVER UPDATE

Polk County/September, 2015

218-563-2465 or 1-800-450-2465 | www.extension.umn.edu/county/polk

PAGE 6

an organizer and coordinator with other adults in the club, and a liaison with the larger 4-H organization in your area. An excellent training resource and online learning module for new and existing 4-H club leaders is ***Managing 4-H Clubs: A guide for club leaders***. Extension staff designed this module to help with some of the typical management issues in 4-H clubs and bring all these pieces together to build an environment where young people thrive and grow. Take advantage of the resource to get your 4-H club off to a great start this fall. To view this training module and other 4-H online training opportunities visit

www.extension.umn.edu/youth/mn4-H/volunteer/online-training/