

# MINNESOTA 4-H CLOVER UPDATE

Northwest Region / Polk County

January, 2016



January 2016

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						



## In This Issue:

Calendar.....	1
Paws and Pals 4-H Club.....	2
Save the date! 4-H Recognition and Awards Night.....	2
Polk County Livestock Scholarship.....	2
BLU.....	2
Northern MN 4-H Project Bowl Invitation.....	3
Minnesota 4-H State Horse Winter Roundup.....	3
NW Minnesota Youth Leadership Award.....	3
Sandhill Lake Camp Counselor Application.....	4
Sandhill Lake 4-H Camp.....	4
Updates from the State.....	4

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## Calendar of Events

### Looking Ahead .....

- January 15<sup>th</sup> / Deadline to register for BLU!
- January 15<sup>th</sup> / Deadline to apply for the Polk County 4-H Livestock Scholarship
- January 18<sup>th</sup> / 6:30 pm, Horse Committee Meeting, Happy Joes, Crookston
- January 18<sup>th</sup> / Office Clover / Martin Luther King Holiday
- February 13<sup>th</sup> / Northern MN Project Bowl Invitational, UMC
- February 22<sup>nd</sup> / Federation Meeting, 6:30 pm, UMC
- February 28<sup>th</sup> / Polk County 4-H recognition and awards night, UMC
- March 4<sup>th</sup>: Deadline to apply for the NW MN Youth Leadership award
- June 16-18<sup>th</sup> / Sandhill Lake 4-H Camp

**Polk County Fair**  
**July 6-10, 2016**

## From Polk County Extension Office .....

### Paws and Pals 4-H Club



At our December meeting we put together our care package for a Military Working dog. We

sold homemade dog biscuits at the King of Trails Marketplace in September to raise money for the care package. Also at our December meeting we played Dog Jeopardy on the computer using the buzzer system, and ate puppy chow.

We wish everyone (including our four legged friends) Happy Holidays!

*(Photo: From left to right are Ava, Kristine, Mallorie, and Kasen with the items for the care package)*

### Save the Date!

Mark your calendars for Sunday, February 28th for the Polk County 4-H recognition and awards night! This is sure to be a fun event for the whole family! The planning committee is still working on details and can't wait to share them with you as they come up-so keep an eye on your emails and save the date for this fun 4-H event!

### Polk County Livestock Scholarship

Up to five (5), \$200 scholarships will be awarded to youth interested in purchasing an animal or getting started in the livestock project area. Please see the full scholarship form for more details and how to apply at the end of the CloverUpdate. The application can also be found on the Polk County 4-H website at <http://www3.extension.umn.edu/county/polk/4-h/article/polk-county-4-h-livestock-scholarship>. **Deadline is January 15th!**

### BLU

**February 20-21, 2015**  
**Detroit Lakes MN**

4-H Building Leadership & Understanding (BLU) is a youth leadership workshop that brings together youth from across the region to engage in activities, leadership lessons, and meet youth from across the region. All activities are planned by the Minnesota 4-H State Ambassadors, and will focus this year on exploring your passions to **"Find your Element,"** and envision how you can live out your passion in your life.

All youth enrolled in grades 6-12 and college first year students are welcome to attend. Non-4-H youth are encouraged to participate

**FEE:** The fee to participate in the Northwest BLU is \$100 for all youth participants and adult chaperones. This covers all meals, lodging, activities, supplies, and an event t-shirt. **Polk County 4-H Federation will cover ½ of the registration fee.**

Contact the Polk County Extension Office if you are interested in attending this event. Or you can register at the 4-H BLU website at [www.4-h.umn.edu/events/blu](http://www.4-h.umn.edu/events/blu)

# MINNESOTA 4-H CLOVER UPDATE

Polk County/January, 2016

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PAGE 3

## 5<sup>th</sup> Annual Northern MN 4-H Project Bowl Invitational

**Saturday, February 13, 2016**

**Registration 9:30 a.m. – 10:00 a.m.**

**Orientation: 10:00 a.m.**

**\$ 20.00 per team (up to 6 members per Team)**

**University of Minnesota Crookston Campus.**

This is a round robin tournament. Ties will be broken by total points. Each team must provide one responsible youth or adult to assist with scorekeeping or timekeeping during the matches that your team participates in.

Each team participating needs to supply (31) questions and answers with the resource and page # each was pulled from. These will then be divided up equally among all of the rounds.

**Registrations and questions need to be sent in by January 29th.** The "make-up storm date" in case of a blizzard Feb. 13th, will be Saturday, Feb. 27th.

UMC will be offering a meal at the contest again this year; they will have pizza, soup and salad bar for approximately \$6.00 with beverage included. (Bringing your own lunch is still an option).

Close to 30 teams participated in it last year and expect more this year. The Invitational has a Facebook page now for more info as well: <https://www.facebook.com/northernmn4hprojectbowlinvitational>

**Contact the Polk County Extension Office if you are interested in attending this event or for more information.**

## Minnesota 4-H State Horse Winter Roundup

**Winter Roundup is an exciting three day, two night conference January 22 - 24, 2016, in Spicer,** focused on developing youth and adult

leadership in the 4-H horse project. The conference is packed with speakers and educational workshops. Topics cover areas such as developing leadership skills, horse care and showing, horse project areas such as western heritage, Horse Bowl, hippology, speech and demo, applying to the Dan Patch and Youth Leadership Awards and much more!

This conference is geared towards and best appreciated by adults and youth 8<sup>th</sup> grade and above. For more information and registration materials go to [www.extension.umn.edu/youth/mn4-H/projects/animal-science/horse/winter-roundup/index.html](http://www.extension.umn.edu/youth/mn4-H/projects/animal-science/horse/winter-roundup/index.html). **Registrations are due by January 5 for the early bird discount.** You can also register in 4HOnline and mail your payment.

## Northwest Minnesota Youth Leadership Award

This award is given by the Red River Valley Development Association to further the higher education of young adults in the Northwest Minnesota (particularly those in the counties of Becker, Clay, Kittson, Lake of the Woods, Mahnomen, Marshall, Norman, Otter Tail, Pennington, Polk, Red Lake, Roseau and Wilkin). **An award of up to three (3) \$ 500.00 cash awards will be presented to young adults between the ages of 17 and 21 at the Honor Banquet to be held on Saturday, April 2 2016 on the University of Minnesota Crookston Campus.**

The application requests an essay describing one project the youth was involved in (must be written by the youth) and how leadership skills were used. Additionally, youth must list other activities and their leadership roles in each, whether they are in or accepted to a school beyond high school, what they are or will major in and how their plans will enrich life in NW Minnesota. One letter of recommendation along with a recent photo must also be included.

# MINNESOTA 4-H CLOVER UPDATE

Polk County/January, 2016

218-563-2465 or 1-800-450-2465 | [www.extension.umn.edu/county/polk](http://www.extension.umn.edu/county/polk)

PAGE 4

Applications must be postmarked by Friday, March 4, 2016. For an application form or more information contact the Crookston Regional Office at 1-888-241-0781 or 218-281-8684. Award recipients will be notified by March 25<sup>th</sup>.

## Sand Hill Lake 4-H Camp Counselor Applications available

Do you have an interest in working with younger youth? Do you enjoy teaching others? Do you like being a role model? Do you like to have fun? If you said yes, you should become a camp counselor.

4-H Camp Counselors are youth in grade 9 to one year past high school who are willing to be leaders & role models for 4-H camp. At the training and planning meeting on April 9<sup>th</sup>, first year counselors will learn the role of a camp counselor, risk management and safety, and group facilitation methods. Returning counselors will receive more in-depth training and plan the program for camp.

The camp counselor application is available on the county website or through the county Extension Office. **Application deadline is February 15.** Selected camp counselors must attend Camp Staff Orientation & planning meeting on April 9<sup>th</sup> and be available through the entire camp June 16-18, 2016.

## Mark Your Calendar - Sand Hill Lake 4-H Camp

If you are currently in grades 3-6, mark your calendars for **June 16 - 18, 2016!** You won't want to miss 4-H Camp at the Sand Hill Lake Bible Camp near Fosston. This camp is a great way to meet other 4-H'ers from across the region, enjoy the great outdoors, learn new skills and have fun! Watch for registration materials in the months ahead.

## Message from Dorothy ....



Dear 4-H families and Volunteers:

Happy New Year! 4-H is starting the New Year by celebrating 4-H alumni! Most of our 4-H parents and volunteers were 4-H members themselves, and are now carrying on the tradition of supporting 4-H by having their children participate, volunteering, and often times, both!

The Minnesota 4-H Foundation is holding a Minnesota 4-H alumni reunion on **Saturday, Feb. 6**. Join us at the event to eat, visit, take a picture in the alumni photo booth, and participate in a service project benefitting Anna Marie's Alliance & Salvation Army!

We hope this fun gathering provides an opportunity to gather together and celebrate all that we love about 4-H, and our fond memories and experiences in the program over the years.

Learn more and register for the event here: [blog-mn4hgive.extension.umn.edu/2015/12/4-h-alumni-reunion.html](http://blog-mn4hgive.extension.umn.edu/2015/12/4-h-alumni-reunion.html)

I hope to see you there!

Sincerely,

Dorothy M. Freeman  
Associate dean and state 4-H director

## 2016 SS&W spring leader certification training

The Minnesota 4-H Shooting Sports & Wildlife Program Development Committee invites you to attend a 4-H Shooting Sports & Wildlife Leader Certification! The committee recommends that leaders attend the entire certification weekend every five years. Now is your chance to attend!

# MINNESOTA 4-H CLOVER UPDATE

Polk County/January, 2016

218-563-2465 or 1-800-450-2465 | [www.extension.umn.edu/county/polk](http://www.extension.umn.edu/county/polk)

PAGE 5

The training is designed for adults and youth (9th grade and older) that lead or would like to lead training in shooting sports or wildlife. Classes will be offered in the disciplines of coordinator, archery, rifle/pistol, shotgun, muzzleloading, and wildlife. This training meets the 4-H project leaders' requirements for certification and recertification. Although there is range time allocated in the schedule, the majority of the training is classroom work to become an effective instructor, not to practice your own shooting skills. Please see registration materials for full details.

The training will take place **April 23-24, 2016** at St. Mary's Church and the Kanabec County Gun Club in Mora.

Registration materials will be available **Feb. 1** and posted here:

[www.4-H.umn.edu/events/shooting-sports-certification/](http://www.4-H.umn.edu/events/shooting-sports-certification/)

The deadline to register is **April 8, 2016**.

Disciplines fill quickly, so make sure registration forms are sent in early! All volunteers MUST have successfully completed the background screening process through their county extension office before participating in the training.

## 4-H summer intern positions

Are you looking for work experience in the youth development field?

Once again this year, there will be county-based 4-H summer intern positions throughout the state of Minnesota. Each internship will provide an excellent opportunity to learn more about University of Minnesota Extension and explore job opportunities in 4-H Youth Development. Most positions will be for ten or eleven weeks, with flexible starting dates.

Candidates must have a high school diploma, and at least two years of undergraduate study is preferred. Candidates must apply on-line

through the University of Minnesota job site. The application materials will include a standard application, résumé, cover letter, list of three references and a college transcript. The summer intern positions will be posted soon at [www.extension.umn.edu/about/employment/](http://www.extension.umn.edu/about/employment/). The application deadline is **Feb. 15**.

For more information, please contact Michele VanDyke at [mvandyke@umn.edu](mailto:mvandyke@umn.edu).

## 4-H alumni reunion Feb. 6

You're invited to a fun and friendly 4-H alumni reunion! On **Feb. 6, 2016** at the Gold'n Plump company offices in St. Cloud, the Minnesota 4-H Foundation will host an alumni reunion from 1 - 4 p.m. Reunion activities include food and mingling, a service project, alumni photo booth and a few nostalgic surprises. Registration is open and space is limited so RSVP today! More info is available on our event website:

<http://z.umn.edu/4hreunion>.

## Save the Date: Youth Day at the Capitol March 29

Minnesota 4-H will be participating in the 2016 Youth Day at the Capitol on **March 29**. Join youth from throughout the state in learning about our state legislative process, and share your perspective on local issues with policy makers! Additional information will be posted online in late January at [www.4-H.umn.edu/events/youth-day-at-the-capitol/index.html](http://www.4-H.umn.edu/events/youth-day-at-the-capitol/index.html).

The annual event is co-sponsored by the Minnesota Alliance With Youth, Ignite Afterschool, Youthprise, Minneapolis Youth Coordinating Board, Minnesota School-Age Care Alliance and YWCA of Minneapolis.

To learn more about how you can participate, contact Nicole Pokorney, Citizenship & Leadership Team Member, at 507-536-6304 or [pokorney@umn.edu](mailto:pokorney@umn.edu).

## Save the Date: 4-H Citizenship Washington Focus 2017 Inauguration Jan. 17-21

Minnesota 4-H will be bringing a group of youth to participate in the 4-H Citizenship Washington Focus Presidential Inauguration 2017!

Participants will practice their roles in citizenship through service, civic education, and engagement; learn the meaning and importance of the democratic process; and explore the history of the American presidency, the election process, the role of the press, the intricacies of the Executive Branch and careers in politics.

WHO: 4-H'ers must be ages 14-19 at the time of the experience to participate

WHEN: **Jan. 17-21, 2017**

WHAT: Participate in workshops, sessions, and speakers; visit memorials, historical sites, and museums; and participate in Inauguration Day events, including an Inaugural Ball dinner and dance cruise.

Additional information will be posted online at <http://z.umn.edu/cwfinauguration> by Jan. 15.

## Don't miss out on 4-H BLU registration!

Registration deadlines are **Jan. 5** (central BLU) and **Jan. 15** (all others)! Don't miss the opportunity to attend the 2016 4-H Building Leadership and Understanding (BLU) events! Join the Minnesota 4-H State Ambassadors and youth from across the state for a fun filled youth leadership retreat. This year's topic will focus on exploring your passions to "Find your Element", and envision how you can live out your passion in your life. All youth in 6<sup>th</sup> grade and above are invited to participate! For more information, contact your county Extension office, or visit the 4-H BLU website at [www.4-h.umn.edu/events/blu](http://www.4-h.umn.edu/events/blu).

## Attention Minnesota 4-H dairy families!

Four reminders Minnesota 4-H dairy project members will want to keep in mind for 2016:

1. All animals must be owned or leased AND identified (data entered into 4HOnline or an ID worksheet submitted to the Extension office) before the animal's first freshening. If you want to ID a first calf heifer for the first time, please note this must be done BEFORE she calves.
2. All other ID'ing for dairy project animals must be completed by **May 15**. You will receive details from your county office.
3. All leased animals need a lease agreement resigned/renewed each year. To renew leases, download last year's lease agreement OR obtain a copy from the Extension office. Obtain the appropriate signatures to renew and, if need be, update the agreement. Finally scan and email the updated lease agreement to the Extension office OR take it to the Extension office. The deadline for this is **May 15**. Remember, all lease forms need to be completed and uploaded prior to the animals first freshening.
4. If your "family unit" includes someone who has graduated out of 4-H or is not enrolling in dairy this year AND ID'ed in their name last year, you will want to reassign those animals to another family member. The exception is animals shown by this past dairy project member AFTER freshening. Those animals are not eligible to be shown by another 4-Her.

Complete details are available on the Dairy Information Sheet, which is posted at [www.4-h.umn.edu/animal-id](http://www.4-h.umn.edu/animal-id).

## Citizenship Washington Focus (CWF)

Thousands of young people from across the United States come to the National 4-H Youth Conference Center every summer to participate in CWF, a citizenship and leadership program held in Washington, DC. Through a series of speakers, committee work, field trips and social events, participants learn the importance of citizenship and social responsibility and are given the opportunity to explore, develop, and refine skills needed to be an outstanding leader on both a local and national level.

### Dates

- **July 2, 2016:** A.M. Required pre-conference workshop then depart for Washington D.C.
- **July 9, 2016:** Arrive Back in Minnesota in P.M.

### Application

- **Jan. 16, 2016:** All pre-application materials accessed on website.
- **Feb. 16, 2016:** CWF full application materials accessed on website. With a postmark date beginning **Feb. 16**, all required application materials and \$700 down payment due.
- Check with your county 4-H program coordinator if there are other requirements for participation.

Additional information: [www.4-h.umn.edu/events/citizenship-washington-focus/index.html](http://www.4-h.umn.edu/events/citizenship-washington-focus/index.html)

Contact: Judith A. Conway, [conw0076@umn.edu](mailto:conw0076@umn.edu)

## National 4-H Conference

It is never too early to start thinking about your Minnesota 4-H older youth that would be a great youth delegate for the 2017 National 4-H Conference. Be thinking about this experience

for 2017. Check out the 2016 National 4-H Conference url below to learn more. (Please note that dates, age requirements, and post-conference expectations will change for 2017)

[www.4-h.umn.edu/events/national-conference/index.html](http://www.4-h.umn.edu/events/national-conference/index.html)

Updated material for 2017 National 4-H Conference will be on this website beginning in September 2016.

Contact: Judith A. Conway,  
[conw0076@umn.edu](mailto:conw0076@umn.edu)

## Information for 2016 LQA&E train the trainer webinar registration!

We are looking into an online training for the future, but training will remain the same in 2016.

Intended Audience: All new trainers teaching any of the LQA&E lessons and any others wishing to brush up their skills. LQA&E curriculum will be sent to new trainers after the first of the year.

### Dates:

- **Jan. 9, 10 - 11:30 a.m.**
- **Jan. 12, 7 - 8:30 p.m.**

## Livestock volunteers are invited!

Mark your calendars for the county livestock PDC (project development committee) training webinar on **April 7, 2016**. More details to come.

## Youth application for state 4-H beef committee

Minnesota 4-H is looking for 4-H beef members 9<sup>th</sup> grade and up to be part of the state fair beef show committee. We will select three members for one year terms to help plan and organize the

# MINNESOTA 4-H CLOVER UPDATE

Polk County/January, 2016

218-563-2465 or 1-800-450-2465 | [www.extension.umn.edu/county/polk](http://www.extension.umn.edu/county/polk)

PAGE 8

state fair 4-H beef project experience. We are looking for members with extensive beef project and leadership experience. 4-H members selected will work with adult volunteers and staff members to enhance the competitive and educational opportunities with the beef project at future state fairs. See the application for more details. To apply, please complete the Minnesota 4-H youth beef committee application at [www.4-h.umn.edu/projects/animal-science/beef](http://www.4-h.umn.edu/projects/animal-science/beef). Please return the completed form by **Feb. 15, 2016**.

## Regional horse event Jan. 9

We are welcoming all to the next regional horse event scheduled for **Saturday, January 9, 2016**. This is a great time to connect with people in your area around horse topics. The two hour agenda will include an educational topic as well as discussion of the state horse program and updates regarding any changes in the program.

Each area will be electing two youth to represent their region on the State Horse PDC as well as one adult. Elections will happen at the January regional meeting. This is a GREAT way to get involved and make a difference in the Minnesota 4-H Horse Project.

Applications can be found at [www.4-h.umn.edu/projects/animal-science/horse/](http://www.4-h.umn.edu/projects/animal-science/horse/). If you scroll down you will find the link to click on the application as well as job description. Bring your application to the regional meeting in January or email to Renee Kostick at [hinkx001@umn.edu](mailto:hinkx001@umn.edu) by Jan. 4. There will also be time to discuss issues, network between counties and bring your issues to the State PDC reps so they can bring them to the February State PDC meeting. Bring your comments to discuss.

Current area reps and locations for regional meetings are listed below. Be sure to check the website for any meeting location changes or updates prior to the events.

**NW Region:** Perkins Restaurant and Bakery, 623 Frontier Dr, Fergus Falls, MN 56537, 10 a.m. - noon

Reps: Adults: Kristen Gabrielson. Youth: Paige Gabrielson, Morgan Kastner

**NE Region:** McGregor Community Center, 41442 State Highway 65, McGregor, MN 55760 (location to be confirmed), 10 a.m. - noon

Reps: Adults: Michelle Peterson, Meg Sax. Youth: Lindsay Peterson, Allie Peterson

**Central Region:** Minnco Credit Union Community Room, located one block south of Hwy 95 on the corner of Birch Street S and 2<sup>nd</sup> Ave SW. , Cambridge, MN, 10:00 a.m. - noon  
Reps: Adults: Mark Storm, Dan Dolan. Youth: Julianne Quandt, Lauren Olson

**SW Region:** Marshall Animal Health Center, 1300 N. Hwy 59 Marshall, MN 56258, 10:00 a.m. - noon

Reps: Adults: RaeAnn Bartz, Randy Dokken. Youth: Josh Johnson, Danielle Jibben

**SE Region:** East Annex Building across from the Court House, Waseca (location to be confirmed), 10:00 a.m. - noon

Reps: Adults: Gretchen Sankovitz, Peggy Hildebrandt. Youth: Abby Sankovitz, Jackie Thayer

If you have any questions contact Renee Kostick at [hinkx001@umn.edu](mailto:hinkx001@umn.edu) or 218-232-5174.



## 2015 Livestock Project Scholarship / Polk County 4-H

### About the scholarship

The Polk County 4-H Livestock Committee provides many opportunities for young people to develop character and experience personal growth through livestock projects. Last year during the 2015 Blue Ribbon Premium Auction, bids were made on Cloverbuds and put into a scholarship fund. This goal of this scholarship is to encourage new members to get involved in the livestock project area and provide new and exciting opportunities for youth. The committee understands that the time and expense of raising livestock is costly, although rewarding, and values the life skills learned through this project area and **will award up to 5, \$200 scholarships as follows:**

### Who is eligible?

- Any youth who is currently in 3<sup>rd</sup> grade (1<sup>st</sup> year out of the Cloverbud Program)
- Any youth new to the livestock project, or new to a particular species
  - For example: "Susie would like to purchase a pig to raise, feed, show and market in 4-H. Susie's family owns beef cattle, but has never owned pigs before."
- Any youth new to the Polk County 4-H Program
- Any youth who **DID NOT** participate in the Blue Ribbon Auction the previous year
- Any youth who may have leased an animal in the past, but would like to purchase an animal of their own.

### **APPLICATION REQUIREMENTS**

In order for youth to receive this scholarship, the following must be completed and turned in to the Polk County Extension Office **before January 15<sup>th</sup> 2016**, unless otherwise noted:

- Complete and turn in a **HANDWRITTEN** document (may take as many pages as you need to answer the following questions)
  - **What project/animal do you wish to purchase?**
  - **How will you utilize the money (be as specific as possible)**
  - **What do you know about this project now? What do you hope to learn about this project this year?**
- Short Biography (name, age, club, 4-H experience; if any, etc)
- Complete the Minnesota 4-H Project Record Book (**to be turned in fall 2016**)
- Must be present during the 2016 Blue Ribbon Auction at the Polk County Fair.

### Questions or comments?

Contact Kristie Johnson, 4-H Program Coordinator, at [joh04412@umn.edu](mailto:joh04412@umn.edu) or 218-563-2465

Contact Patricia Erickson, Livestock Committee, at [ericksonfarms@gvtel.com](mailto:ericksonfarms@gvtel.com)

Contact Alan Grunhovd, Livestock Committee, at [algrunhovd@hotmail.com](mailto:algrunhovd@hotmail.com)

Contact Shawn Ramsey, Livestock Committee, at [bearlakecubdriver@gmail.com](mailto:bearlakecubdriver@gmail.com)

**Mail Required Documents by January 15<sup>th</sup>, 2016 to:**

Polk County 4-H  
240 Cleveland Ave / PO Box 69  
McIntosh, MN 56556



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