

MINNESOTA 4-H CLOVER UPDATE

NW Region / Mahnomen County

October, 2013



UNIVERSITY OF MINNESOTA | EXTENSION



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Calendar of Events



OCTOBER

- 6-12 **National 4-H Week**
- 7 4H/Nutrition After School Program /Africa Adventure /3:30
- 12-13 Shooting Sports & Wildlife leader certification training
- 21 4H/Nutrition After School Program / Journey to Japan / 3:30



4-H is a **community** of **young people**
across **America** who are learning
leadership, citizenship and
life skills.

4-H Forest Fun Day

4-H Forest Fun Day was held at the Waubun School Forest on Sunday, September 15th from 3:30 -7:00. Twenty five youth and seventeen adults were on hand for this forest exploration event which included: songs, games, “Items that come from trees” scavenger hunt, leaves & tree cookies activities and a fun food-making and eating experience. The Mahnomen County Federation Meeting was sandwiched between the activities and the eating. Sign up was held for upcoming leadership opportunities:

Opportunities:	Volunteers:
Annual Budget Committee	Deb & Blair Hoseth Pat & Gina Noll Family
Designing our County Organizational Structure	Ed & Gene Snetsinger Pat & Gina Noll Family
Cloverbuds/4-H Sunday, October 20 th 3:30-5:00 Cloverbuds “The Tables Set & Mind Your Manners” 5:00 Federation Meeting 6:00 Potluck	Erin & Elizabeth Guenther Laurel & Tate Hoseth
Cloverbuds/4-H Sunday, November 17 th 3:30-5:00 Cloverbuds “Holiday Greens Decoration” with Ray Bisek 5:00 Federation Meeting 6:00 Potluck	Chad & Audrey Gent Laurel & Tate Hoseth Erin & Elizabeth Guenther

4-H/Nutrition after School Program

Food and Fun Around The World

Kindergarten – 6th Grade



- 3:30-5:15 Mahnomen Public School Auditorium
- Monday, October 7th- AFRICA ADVENTURE
- Monday, October 21st - Journey to Japan
- Cost: \$2.00 per student or \$5.00 per family for each session
- These will also be offered to the Ogema/Waubun After School Program on Thursday, October 10th (AFRICA) & Thursday, October 24th (Japan).

2013-2014 Annual Fall Volunteer Training

Adult volunteers and youth leaders are encouraged to attend the 2013-2014 annual volunteer training, which will use the North Central Region 4-H Volunteer e-Forums broadcast to local county training sites. Join with other 4-H volunteers in your community and across the 12-state North Central Region to learn cutting edge information that will help you work effectively with 4-H members. You will benefit from the feedback and discussion of other state 4-H programs and develop new skills for facilitating learning experiences and for applying this in your work with youth in 4-H projects, clubs, and activities.

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Area trainings are planned for:

- October 7, 6:30- 8 pm, (light meal at 6 pm), **Topic: Community Service-Learning**, Courthouse, **Thief River Falls**
- October 28, 6:30-9 pm (meal at 6 pm), **Topic: Keeping your Cool when Working with Youth**, 505 South Court St, **Fergus Falls**
- November 18, 7 - 8:30 pm, (light meal at 6:30 pm), **Topic: Hooray! You've Got 4-H Parents! Now What??**, Extension Meeting Room, **Elbow Lake**
- November 18, 7 - 8:30 pm, (meal at 6 pm), **Topic: Hooray! You've Got 4-H Parents! Now What??**, Courthouse, **Red Lake Falls**
- November 18, 7 - 8:30 pm, (light meal at 6:30 pm), **Topic: Hooray! You've Got 4-H Parents! Now What??**, Courthouse Community Room, **Wheaton**
- December 3, 7 - 8:30 pm (light meal at 6:30 pm), **Topic: Strategies to Keep Teens Engaged in 4-H Programs**, Courthouse, **Bagley**
- December 3, 7 - 9 pm (light meal at 6:30 pm), **Topic: Strategies to Keep Teens Engaged in 4-H Programs**, Northwoods Bank conference room, **Park Rapids**
- December 3, 7 - 8:30 pm (light meal at 6:30 pm), **Topic: Strategies to Keep Teens Engaged in 4-H Programs**, UMC Boardroom, **Crookston**
- December 3, 7 - 9 pm (light meal at 6:30 pm), **Topic: Strategies to Keep Teens Engaged in 4-H Programs**, Mahnomen Service Center, **Mahnomen**
- December 3, 7 - 8:30 pm (light meal at 6:30 pm), **Topic: Strategies to Keep Teens Engaged in 4-H Programs**, Courthouse, **Roseau**

- January 14, 7 - 8:30 pm (light meal at 6:30 pm), **Topic: Using Technology to Improve the 4-H Experience of Youth and Adults**, UMC Boardroom, **Crookston**
- January 14, 7 - 8:30 pm (light meal at 6:30 pm), **Topic: Using Technology to Improve the 4-H Experience of Youth and Adults**, Mahnomen Service Center, **Mahnomen**

These times and dates don't work for you? Volunteers are welcomed at any location. Visit the following website to find other trainings near you <http://www.4-h.umn.edu/volunteer/training-2013>. There is no cost, but registration is requested by contacting the County Extension Office three days prior to the training.

Message from Dorothy



Dorothy McCargo Freeman
State 4-H Program Leader

Dear 4-H Families/Volunteers:

We've had a wonderful and successful summer of county and state fairs where we saw the learning and accomplishments of thousands of 4-H'ers from across the state. In October, we will celebrate **National 4-H Week October 6-12th**, and gather at events in your county to recognize all of the ways youth are learning and leading in 4-H.

Minnesota 4-H'ers will also join millions of young people to become scientists for the day on the sixth annual 4-H National Youth Science Day on October 9, 2013. The goal of the event is to spark an interest in science, technology, engineering and math, and get youth excited about science, which can lead to future college degrees and careers in science. The theme of this year's 4-H National Youth Science Experiment is 4-H Maps & Apps! The purpose is to help young people become geospatial thinkers as they design and map their ideal park, and use GIS mapping to solve community problems and contribute data about their

community. Adult leaders and parents, I hope you will encourage your 4-H members so that your community will be on the map.

It's also time for 4-H youth to choose what they want to explore and learn about in 4-H for the next year. Discovering what sparks their interest is an essential element in building a passion for life-long learning.

I hope you take advantage of these opportunities to recognize the 4-H'ers in your county and their accomplishments from the past year, and encourage and support them as they set their goals for the coming year.

Sincerely,

Dorothy M. Freeman
Associate Dean and State 4-H Director

Online Enrollment for 4-H Families

Minnesota 4-H families are reminded and encouraged to go to 4HOnline to enroll/re-enroll both youth members and adult volunteers. The process is quick and easy; even families with multiple members should be done in ten minutes or less. Re-enrolling early ensures that critical communications will be received, especially as it relates to deadlines and project specific information. Detailed information about online enrollment and re-enrollment is available at: www.4-H.umn.edu/4honline.

As part of enrolling or re-enrolling, youth, their parents and adult volunteers will all be agreeing to an updated Code of Conduct, which is available for review at www.4-H.umn.edu/policy.

If you are an adult who is willing to share your time and talents to make a difference, 4-H needs you! The first step to becoming an adult 4-H volunteer is to complete the volunteer screening process. Learn more at www.4-H.umn.edu/volunteer/#application.

2014 Regional & State Leadership Event Dates Announced!

The Minnesota 4-H State Ambassadors hope you will save the date(s) for this year's BLU and YELLO! events and plan to recruit youth and adult chaperones from your area!

Building Leadership and Understanding (BLU), an overnight leadership exploration retreat, will be held in five locations throughout Minnesota, one in each of the YD regions. All 4-H youth enrolled in grades 6-12 and college first year students will be invited to attend BLU. Youth do not need to attend the BLU in their region if another date/location is a better fit. Registration will begin in mid-October and will close in mid-January - more details will be available online at: www.4-H.umn.edu/events/blu.

- **Feb. 1-2, 2014** - Hampton Inn, *Shoreview*
- **Feb. 8-9, 2014** - Ramada Inn, *Marshall*
- **Feb. 15-16, 2014** - Crookston Inn & Convention Center, *Crookston*
- **Feb. 22-23, 2014** - Radisson Hotel Duluth Harborview, *Duluth*
- **Mar. 1-2, 2014** - Holiday Inn Hotel & Suites, *Owatonna*

Youth Exploring Leadership and Learning Out-loud! (YELLO!), a 4-day leadership retreat, will be held **June 9-12** in the 4-H Building at the Minnesota *State Fairgrounds*. More details will be available in Spring 2014.

4-H National Youth Science Experiment

Plan your event!

Minnesota 4-H is proud to support leaders of local 4-H programs in **4-H National Youth Science Day** (NYSD) on **October 9, 2013**. This year learners will complete the 4-H Maps & Apps activity. This annual step-by-step guided experiment can be used at 4-H Club meetings, as a promotional event or to create short-term project clubs focused on this topic. You can find more information about 4H NYSD at www.4-h.org/4-h-national-youth-science-day/. If you are interested and have questions about 4H NYSD, please contact your county 4-H staff.

National 4-H Conference

The National 4-H Conference will take place April 5-10, 2014 (not including travel dates) in Washington D.C. New and updated information, application criteria and logistics are posted on the Minnesota 4-H events website www.4-H.umn.edu/events/. Please be aware that a youth delegate applicant, Program Coordinator or Extension Educator, and one other adult are asked to be a part of the written application process. For more information contact Judith A. Conway, University of Minnesota Extension Educator, at conw0076@umn.edu.

Citizenship Washington Focus

New and updated information for the 2014 Citizenship Washington Focus (CWF) experience will be found on the Minnesota 4-H events website www.4-H.umn.edu/events/ beginning November 1, 2013. At this time the event dates are being solidified. CWF is a citizen and leadership event for high school youth across the United States. Youth learn about government and the legislative process, meet with elected officials and visit many national monuments and historical sites in Washington D.C. For further information contact Judith A. Conway, University of Minnesota Extension Educator, at conw0076@umn.edu.