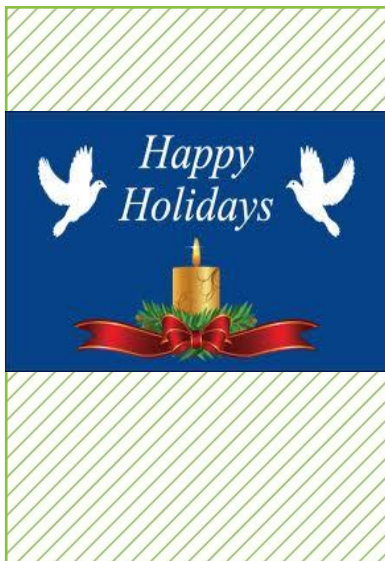


MINNESOTA 4-H **CLOVER UPDATE**

NW Region / Mahnomen County

December, 2013


UNIVERSITY OF MINNESOTA | EXTENSION



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Calendar of Events

- Tuesday/ December 3rd / Volunteer Training 6:30 p.m. / Light Supper
- Friday/ December 6th / Santa Claus Day / 4:00 -7:00 p.m./Mahnomen Public School Cafeteria
- December 25th - Office Closed



Looking Ahead

- Volunteer Training/ January 14th / 6:30 p.m. Light supper
- Minnesota 4-H Adult Volunteer Association (HAVA) Conference /February 6-8
- Northern MN 4H Project Bowl Invitational / February 1st
- BLU Leadership Retreat, Crookston Inn / February 15-16
- National 4-H Conference, Washington, D.C. / April 5-10
- YELLO! Leadership Retreat, MN State Fairgrounds, St. Paul / June 9-12

November 24, 2013 – Holiday Greens with Ray Bisek

Thirty youth and fifteen adults attended the swag-making workshop presented by Ray Bisek. Each participant got to pick boughs from different species of evergreen trees and put them together to make attractive and aromatic holiday swags. Five other stations were also available: ornaments from empty spools, beading creations, paper bag snowman or reindeer gift sacks, brownie decorating and holiday wish list making. The kids (& ADULTS) were busy from the 3:30 start time until 5:20 clean-up!

The Mahnomen County Federation Meeting followed the workshop with Vice President; Dallas Seeger presiding (President; Marty Hoseth absent due to a Hoseth family gathering*). Elizabeth Guenther shared the Secretary's Report and a motion was made by Jill Bisek, seconded by Erin Guenther and unanimously approved by members. Due to Laurel Hoseth's absence*, Elizabeth Guenther also read the Treasurer's Report with a motion for approval from Steve Worms, second by Gene Snetsinger and unanimously approved.

Old Business:

- ☘ Hiring Process Update on Mahnomen County 4-H Program Coordinator and Support Staff Positions - 3 or 4 applicants for each position. PC interviews **on Friday, December 6th at the Mahnomen County Courthouse** - Mackenzie Lampton will be a part of this
- ☘ **County enrollment goal 100% by December 1, 2013 - WE ARE NOT THERE YET!**
A number of youth and adults re-enrolled online during the gathering - THANK YOU!

- ☘ "Strategies to Keep Teens and older Youth Engaged in 4-H Programs" Leaders E-Forum **Tuesday, December 3rd starting with a light lunch at 6:30PM and ending about 8:30PM - Mahnomen Area Service Center**
- ☘ 4-H T-shirts for sale - \$8 youth and \$10 adults - contact Crystal Lampton
- ☘ Food & Fun Around the World ~ Mexico after school program in Mahnomen 11-12-13 (34 youth) Volunteers: Juanita Zimmerman (Mahnomen High School Spanish teacher) & Rebekah Donner and in Ogema 11-14-13 (21 youth)
- ☘ Proposed Mahnomen County Fair: July 3rd-6th, 2014 (Thursday-Sunday)

New Business:

- ☘ **Youth BLU Leadership Retreat February 15-16 in Crookston Cost \$85.00 (The Federation will pay half of this -\$42.50)**
Interested: Mackenzie Lampton, Christopher Braaten and Laney Swiers
- ☘ Youth & adult volunteers are needed for **Santa Claus Day at the Mahnomen Public School Friday, December 6th from 4:00PM-7:00PM**
- ☘ Reviewed the Mahnomen County 4-H Federation Constitution - Steve Guenther (1st), Merlin Olson (2nd) & unanimously approved by assembly
- ☘ Special Recognition was given to grand & reserve champion earners:

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Mahnomen | December, 2013

218-935-2226 | www.extension.umn.edu/county/Mahnomen

4-H Member	Project	Grand Champion=GC Reserve Champion=RC
Faith Beckman	Horse	1 GC
Leah Bellenger	Horse	1 GC & 2 RC
Jacqueline Durant	Horse	3 GC & 2 RC
Xavier Hanks	Horse	2 GC & 1 RC
Alice Moore	Horse	1 GC & 1 RC
Larissa Schoenborn	Horse	1 GC & 1 RC
Burnham Tibbetts	Horse	4 GC & 2 RC
Nichole Yost	Horse	2 GC & 1 RC
Ashley Guenther	Goat, Chicken, Rabbits	6 GC & 3 RC
	Food & Nutrition, Pets, Vegetable Gardening	2 GC & 1 RC
Elizabeth Guenther	Beef	2 RC
	Crafts, Shop, Photography, Food Preservation	2 GC & 2 RC
Erin Guenther	Beef, Beef Showmanship	2 RC
Gustavus Guenther	Goat, Chicken, Rabbits	4 GC & 5 RC
	Fishing Sports, Flower Gardening, Vegetable Gardening, Wildlife Biology	2 GC & 2 RC
Gabel Hoseth	Beef	2 GC
	Shop	1 GC
Laurel Hoseth	Beef	1 GC
	Photography, Fine Arts	2 GC & 1 RC
Marty Hoseth	Beef Showmanship	1 GC
	Corn, Small Grains Legumes	2 GC
Tate Hoseth	Beef	1 GC
	Photography, Self-Determined	2 GC
Amara Lampton	Beef, Beef Showmanship	2 GC
	Wildlife Biology, Fine Arts	2 GC
Mackenzie Lampton	Beef	1 RC

	Self-Determined, Fine Arts	1 GC & 1 RC
Laney Swiers	Sheep Showmanship	1 GC
	Fine Arts, Photography	2 RC
Carolyn Pavlish	Crafts	1 GC
Dallas Seeger	Fine Arts	1 GC
Michael Larson	Flower Gardening	1 GC & 1 RC
Daniel Snetsinger	Dog Obedience	3 GC
Gene Snetsinger	Dog Obedience, Pets	4 RC
Kael Snetsinger	Dog Obedience, Food & Nutrition, Self-Determined	4 GC & 1 RC
Hanna Worms	Flower Gardening, Corn, Vegetable Gardening	3 GC
Jacob Worms	Small Grains Legumes, Corn	2 RC

- ✿ State fair premiums were handed-out to these eight individuals: Dallas Seeger, Elizabeth Guenther, Marty Hoseth, Laurel Hoseth, Christopher Braaten, Carolyn Pavlish, Mackenzie Lampton and Tate Hoseth
- ✿ Jolene Moran recognized Gene, Daniel and Kael Snetsinger for their dog show/project participation
- ✿ ***Peg was thanked and given a hearty round of applause for ALL of her hard work during her interim time here in Mahnomen - MANY positive things have come about due to Peg's expertise***

The meeting was adjourned at 6:02 PM

Nine pizzas, salad and brownies with ice cream were devoured after the meeting.

4-H Enrollment and Re-enrollment for 2013-2014

Re-enroll today!

Don't miss out! The new 4-H year began on October 1 and all 4-H youth and volunteers must be enrolled (or re-enrolled) in order to participate or volunteer in Minnesota 4-H. Enrolling early ensures continued communication about 4-H opportunities and deadlines as well as accident coverage while participating in 4-H programs.

Youth may enroll as Cloverbuds (Grades K-2), club members (Grades 3-13), or independent members (Grades 6-13). Project interests are selected as part of the enrollment process but may continue to be updated until county fair exhibit registration is due. Enrollment options are detailed at www.4-H.umn.edu/be-a-4-H-member.

MN 4-H uses 4HOnline.com, which means that families can go online to enroll new members and to re-enroll returning members and volunteers. In addition, club and project leaders can access enrollment data in 4HOnline related to their club or project area. Full details about 4HOnline.com are available at www.4-H.umn.edu/4honline.

New (first time) 4-H adult volunteers are always welcome and needed! To get started, interested adults must first complete the three step 4-H volunteer screening process before enrolling.

Please enroll your families for the new 4-H year. Go to www.4honline.com to re-enroll or to enroll for the first time. If you have any questions or problems during this process please call the Extension Office.

2013-2014 Annual Fall Volunteer Training

Adult volunteers and youth leaders are encouraged to attend the 2013-2014 annual volunteer training, which will use the North Central Region 4-H Volunteer e-Forums broadcast to local county training sites. Join with other 4-H volunteers in your community and across the 12-state North Central Region to learn cutting edge information that will help you work effectively with 4-H members. You will benefit from the feedback and discussion of other state 4-H programs and develop new skills for facilitating learning experiences and for applying this in your work with youth in 4-H projects, clubs, and activities.

December 3rd - 6:30 pm (light supper),
Topic: Strategies to Keep Teens Engaged in 4-H Programs

Presented by: Becky Harrington, University of Minnesota; Kandi O'Neil, University of Wisconsin; Brenda Shafer, University of Minnesota; Rachele Vetter, North Dakota State University

Research has clearly shown that quality youth programs, those proven most effective and rated highly by young people themselves, are masterful at engaging youth at the highest level in planning, making choices, and reflecting on their learning. Attention to making youth programs fun, interesting, welcoming and encouraging to young people in our 4-H Youth Development programs is important but not enough. This session, co-developed and delivered by youth, will provide insight, tools and resources volunteers can use to more effectively engage and meet the needs of teen members, a common challenge in youth programs.

- 7 - 9 pm (light meal at 6:30 pm), Mahnomen Service Center, **Mahnomen**

January 14th

Topic: Using Technology to Improve the 4-H Experience of Youth and Adults

Presented by: Rod Buchele, Kansas State University; Molly Frendo, Michigan State University; Mark Light, The Ohio State University; Kari Robideau, University of Minnesota

Technology can be a great tool to support better communication and learning with 4-H participants. However, keeping up with the latest trends and changes can be challenging and overwhelming. This session will share some easy ways that technology can help 4-H leaders be better connected with youth participants. It will also briefly explore ideas on integrating technology into 4-H projects to enhance the life skill development and 21st century skills of young people.

- 7 – 8:30 pm (light meal at 6:30 pm), Mahnomen Service Center, **Mahnomen**

February 10th

Topic: Community Service Learning

7 – 8:30 pm (light meal at 6:30 pm), Family Service Center, **Moorhead**

These times and dates don't work for you? Volunteers are welcomed at any location. Visit the following website to find other trainings near you <http://www.4-h.umn.edu/volunteer/training-2013>. There is no cost, but registration is requested by contacting the County Extension Office three days prior to the training.

3rd Annual Northern MN 4-H Project Bowl Invitational

Mark your calendars.The 3rd Annual Northern MN 4-H Project Bowl Invitational will be **held Saturday, February 1st at the University of Minnesota Crookston**. This **new location** should accommodate the contest better, we had close to 30 teams last year and expect more this year. Registration forms and more details will be available this fall.

The Invitational has a **Facebook page** now for more info as well:

<https://www.facebook.com/northernmn4hprojectbowlinvitational>

Message from Dorothy



Dorothy McCargo Freeman
State 4-H Program Leader

Dear 4-H Families/Volunteers:

Social and emotional skills are an essential part of every young person's learning and development, and contribute to success in school, college and careers. In fact, some research suggests that skills like self-confidence, perseverance, empathy, teamwork, critical thinking, initiative and self-direction are better predictors of success in life than standard academic measures.

We also know that families, schools and communities are all important in helping to strengthen social and emotional skills in youth. Youth programs like 4-H play an important role and are uniquely equipped to support social and emotional learning. 4-H's learn-by-doing approach empowers youth to direct their own learning and provides opportunities to work with other youth on topics they are passionate about. In addition, our group process opportunities provide members practice in engaging with others different than themselves and thus enhance social and emotional learning abilities.

Parents and adult volunteers can contribute to the social and emotional learning of youth in many ways. To learn more about what you can do to support the social and emotional learning of youth go to www.casel.org/social-and-emotional-learning/frequently-asked-questions.

Sincerely,

Dorothy M. Freeman
Associate Dean and State 4-H Director

Share Your Ideas for How to Make the World a Better Place and Be Recognized for Your Efforts!

The DuPont Challenge, North America's premier science essay competition, encourages students in grades 7 through 12 to delve deep into science, technology, engineering, and math (STEM), express themselves with creativity and purpose, and make the world a better place.

The DuPont Challenge asks students to consider our most important challenges by researching and writing a 700-1,000-word science essay in one of these four categories:

- Together, we can feed the world.
- Together, we can build a secure energy future.
- Together, we can protect people and the environment.
- Together, we can be innovative anywhere.
-

Essays must be between 700 to 1,000 words in length, include a list of research sources and **must be submitted online by January 31, 2014.**

For more information, including official rules, entry form and details on awards, visit <http://thechallenge.dupont.com/>.

MN 4-H Adult Volunteer Association Conference

February 6-8, 2014 - Plymouth, MN

Volunteers and their families are invited to attend the 29th Annual MN 4-H Adult Volunteer Association (M4-HAVA) Conference at the Best Western Plus Kelly Inn in **Plymouth on February 6-8, 2014.** One of the focus areas will be 4-H Project Curriculum Training. **Early Bird registration must be received before January 1st** to receive the discount rate for new or renewing M4-HAVA members.

Complete details including conference registration and hotel reservation information is available on the University of Minnesota Extension webpage: www.4-H.umn.edu/volunteer/m4-hava.

2014 Project Bowls

Project Bowls are just around the corner! It is that time of year again when project bowl teams will begin practicing for the Regional Contests in March. There are opportunities for teams to form in dairy, dog, general livestock, horse, poultry, rabbit and wildlife. Two team contests are held - Junior (grades 3-8) and Senior (grades 4-12+). Check out the 4-H Project Bowl website at: www.4-H.umn.edu/events/project-bowl/ for rules, resources, and more information for the 2014 bowls. If you would like to coach, help coach or participate on any of these teams, please call your Extension Office. Regional Bowl dates and locations are:

- **March 1 - Foley**
- **March 8 - Farmington**
- **March 15 - Bemidji**
- **March 15 - Redwood Falls**
- **March 22 - Snow Date**
- **April 5 - State Bowl, Foley**

Cloverbud Grade Change

New in 2013 - Minnesota 4-H has taken a look at the Cloverbud program and made some adaptations. Beginning this fall, Cloverbuds will be available for youth in grades K-2. Third graders should be enrolling as 4-H members with specific projects. As third graders are re-enrolling in 4-H Online the project area must be updated with projects (like food and nutrition, photography, beef, etc.) instead of the Cloverbud project. You will also find a new Cloverbud information sheet for parents, guardians and mentors, which outlines the program options and characteristics as well as the rules that apply in competitive settings. If you have questions about Cloverbuds please contact your county Program Coordinator.

Saturday with a Scientist

One Saturday a month at the University of Minnesota's Bell Museum of Natural History in Minneapolis, engage in authentic science and inquiry learning...and have a lot of fun while doing so! December's topic is "Chemistry Makes it Happen" (on December 14). For more information, check out the "For Families" section of the Bell Museum's webpage at: www.bellmuseum.umn.edu.

Clovermart Holiday Sale!

There is a limited time offer for all 4-H clothing items you might have missed the opportunity to buy during the State Fair! ***This sale will only last through December 13th, 2013.*** Please visit the link below to see all items available for purchase, to download the order form and to receive more information:

<https://sites.google.com/a/umn.edu/4hclovermartholidayale/>

National Youth Summits Opportunity

The National Youth Summit series is a national opportunity for high school students, grades 9 - 12, to advance their skills, meet industry mentors, and prepare for a career in science, technology or healthy living. The first Summit on Geo-Spatial Technologies was successful with 127 high school students! Upcoming summit events include:

- National Youth Summit on Healthy Living: ***January 9 - 12, 2014***
- National Youth Summit on Agri-Science: ***January 16 - 20, 2014***
- National Youth Summit on Robotics: ***February 13 - 17, 2014***

Link to more information at:

<http://www.nationalyouthsummit.org/>

Making Smiles: Community Oral Health Youth Leader Grant

Did you know that 30-40% of children have cavities found at their first visit to the dentist around age three to four years of age? This cavity crisis can be reduced with simple community oral health education and community networking of health field resources. From producing community displays, public service announcements, or puppet shows to potentially working with dentists and doctors youth will gain skills in designing and delivering messages in ways that connect those skills to active citizenry.

Youth groups are invited to apply for \$200 mini grants to educate their communities about oral health needs of young children. Upon completion of an approved plan \$25 stipends are awarded to youth team members. Youth groups will design and submit their application by ***January 1st*** with the plan to deliver their

program in the spring/summer of 2014 and highlight their project in a community fair display.

Grant funds may be used for project supplies and costs associated with delivering the program. Application, mini grant details and resources may be found at:

<http://www1.extension.umn.edu/youth/scholars/hips/community-oral-health-project-youth-leaders-grant/index.html>.

Additional questions may be directed to Carrie Olson at olson166@umn.edu.

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