



**Mahnomen
County 4-H**


10 Ways to Cure Boredom!

March 3, 2018 9:00 am -2:30 pm

Mahnomen Public School, Elementary Entrance
All ages welcome – \$10 (Includes Lunch!)
Kindergarten – 2nd graders must attend with an adult

Cost \$10 includes lunch! * Cash or Check made to: Mahnomen County 4-H

8:30-9:15 Registration/Welcome – Use Elementary Entrance

 9:15-11:10 (2 sessions 1&2A) Archery – Brad Kappes Elementary Gym 3rd Grade & Older You MUST be enrolled in 4-H to participate in this session.	9:15-10:10 Session 1B Mini Gardening – J. Kersting Container gardening on a mini scale. Soil, containers and a variety of mini plants will be provided. You may also bring your own container – at least 3 inches deep - no bigger than 18 inches.	10:15-11:10 Session 2B Map it Out with Art – M. Lampton Use paper, pencils and rulers to make grid drawings.
	9:15-10:10 Session 1C HOT/COLD Rice Pad – S. Kaster Cut, sew & fill for a homemade cooling and heating pad – for yourself or as a gift	10:15-11:10 Session 2C Flower Power – L. Swiers Learn how to identify flowers and have a project started for the 2018 Fair!

11:15-11:50 Lunch - Cafeteria

The Mahnomen County Fair is June 28-30, 2018 As 4-Hers you can exhibit at the fair and earn ribbons and even cash prizes. Not enrolled in 4-H? You can also exhibit projects in Open Class!	12:00 – 12:55 Session 3A Laser Engraving – D. Aus An introduction to laser engraving and cutting of wood. Take home a small personalized project. LIMIT 6	1:00 – 1:55 Session 4A Laser Engraving – D. Aus An introduction to laser engraving and cutting of wood. Take home a small personalized project. LIMIT 6
	12:00 – 12:55 Session 3B DIY for K-2 – G. Swiers/L. Reich Make & Take for Kindergarten- 2 nd graders. (Older kids invited, too ☺) > Wood Plaque > No-Sew Pillow	1:00-1:55 Session 4B Basic Survival –C. Lefstad Come learn how to start a proper campfire, basic knot skills and finally create a survival bracelet to start and finish at home
	12:00 – 12:55 Session 3C Squishy Circuits – J. McArthur This science activity teaches concepts of an electrical circuit using a 6volt battery, dough, led lights, buzzers and motor. LIMIT 12	1:00-1:55 Session 4C Fishing Fun – S. Thomas Make & take home lures and find out about MN fish! All materials provided!

2:00-2:30 Finale – Cafeteria – Feedback & Door Prizes



UNIVERSITY OF MINNESOTA | EXTENSION

Mahnomen County



2018 4-H Project day REGISTRATION FORM

Name _____

Grade _____

Phone (day) _____

Email _____

*I am enrolled in Mahnomen Co. 4-H © If so, half price - \$5!

Register early to get your 1st choice! If a session is full, you will be placed in another session. Please register me for:

9:15-10:10 Session 1 _____

10:15-11:10 Session 2 _____

Put ARCHERY in both spots if you are choosing Archery

12:00-12:55 Session 3 _____

1:00-1:55 Session 4 _____

Paid \$10* includes lunch! – Mahnomen Co 4-H

Hand-in to your school office by Thursday, March 1st